## PROVOST'S ATHLETICS OVERSIGHT COUNCIL Academic Integrity & NCAA Rules Compliance Institutional Control Student-Athlete Welfare

## Minutes PAOC Meeting of February 9, 2023

In attendance:

Lisa Bauer, Austin Brown, Aaron Goodwin, Anthony Harrison, Aaron Howell, Matthew Iwanski, AJ Johnson, Tamica Jones, Randy Kennedy, Gloria Laureano, Daniel Niederjohn, Milton Overton, Selena Patterson, Megan Stoltzfus, Patrick Vickers, Sheb True

Dr. Dan Niederjohn, Faculty Athletics Representative, opened the meeting at 12:31pm and reviewed the purpose of PAOC.

Minutes from November 3, 2022 were approved.

Milton Overton, Director of Athletics, provided the State of the Department. We have started off well this academic term. Athletics is very focused on student athlete welfare. How do we improve our psychological services? How do we continue to add resources? Nutrition is also a big issue now; there have been improvements, but we need more resources.

Milton discussed Sports Data Analytics, Research in Sports Psychology, and a future lab for research. A sponsorship proposal is being considered to provide additional resources including personnel, he is investigating required funding. There is also a capital funding request that includes baseball renovation, football operations space, weight training, sports medicine, hydrotherapy pools, etc. He provided information on the capital campaign and noted that there will be future announcements of major gifts.

Milton expressed his pride in all the teams. He thanked Aaron Howell for support from the finance division and appreciates the efforts of everyone on the PAOC. Milton also expressed appreciation to Matt Iwanski for helping us keep everything legal.

Dr. Lindsey Schriefer, licensed psychologist, shared information on the services she and her team provide to KSU athletes. She has one staff member that assists her and all support is provided virtually, normally in 30-minute sessions. Her services are considered performance enhancement, not therapy. Dr. Schriefer works closely with the counseling center. Her office is a good first stop for student athletes; She can help address issues and refer athletes to the appropriate resource/counseling center.

There are some challenges connecting with everyone. Dr. Schriefer tries to get in front of each team at least once per year. She sends bi-weekly emails to all student athletes and works to make KSU leaders/coaches/trainers aware of available services. She currently provides 20 hours per week. In looking at the future, and a possible increase in availability, she asked that we consider how that might be structured. Other things to consider might be ways to improve the accessibility of services. Sometimes, it's tricky to

get student athletes to go due to stigma, time restrictions, etc. Maybe a space on campus might help? Another issue is that some don't see it as important enough. Discussion continued; it was suggested that we look at other schools and programs that might be good models and continue considering ways to expand services with possible additional resources.

Tamica Jones, Chief Operating Officer, and Aaron Goodwin provided the Student-Athlete Welfare and SAAC update. Aaron shared the success of the banquet. They are talking to students about their reactions and looking for suggestions for a bigger and better event in the future. SAAC is working on the Spring Owl Swap and will continue to collect through February for the March event.

Regarding the Fueling Station Initiative, there is now one downstairs in the stadium. They are looking at the possibility of adding some beverages. They continue to discuss fueling stations and ways to keep improving them, with a goal of getting fueling stations in all buildings used by the student athletes. The Nutrition Initiative has been quite successful. It was accomplished earlier than planned, in one semester instead of two.

There was discussion regarding door access for student athletes. Milton will work on this issue.

Matthew Iwanski, Associate Athletic Director, Athletics Compliance and Risk Management, provided the Compliance Report and NCAA News Update. He recommended that everyone read the recent Transformation Committee report and note two key points.

1: Holistic student athlete model. This involves taking care of the students first; we need to make sure that they have everything they need to be successful on and off their court/field.

2:It is going to become a lot more expensive for our athletic program. We will be a step forward from where we have been as far as providing for our athletes.

From a compliance perspective, the NCAA has approved the addition of coaching staff. This provides more resources internally and impacts how student athletes interact with coaches vs. volunteers.

Test scores have been officially added as a requirement.

Randy Kenneday, Associate Athletic Director for Academic Services shared a very successful semester to include average gpa of 3.06, 300 top flight owls, 85 presidential scholars, 24 fall graduates, and two teams with a average 3.68 gpa.

We are in the middle of the semester now. Registration is about a month away and Randy's team is gearing up for the necessary student support for registration and support. There are a couple open positions in the department and they are trying to obtain some additional office space.

Overall, everything moving smoothly for the department; they are working on some events for the spring to include the second annual networking night. They will bring back some alumni to serve on a panel.at this event.

Selena Patterson, Health Promotion and Physical Education Department, shared the department's movement to different focus/programs. She shared information on the degrees and concentrations. She distributed a flyer (attachment a) and asked that we share the information. A lot of student athletes that come through her courses may be interested in this program.

Dan Niederjohn, Faculty Athletics Representative and Associate Professor of Psychology, shared the FAR and Admission Advisory Committee Update. The Admissions Advisory committee is close to having the updated program in place for special admits.

Sports Psychology and Nutrition have been historically not as high on the priority list as they are now. We are doing a lot but Dan would like to get more data regarding where we are now. Dan will reach out to some to help determine ways to obtain the data and track.

Dan is planning to meet with each coach annually again.

In other business, new members include AJ Johnson, Anthony Harrison, and Megan Stoltzfus. The next Meeting is April 27, 2023

Meeting adjourned at 1:42pm

The minutes from the February 9, 2023 meeting were approved on April 27, 2023.

DocuSigned by:

Liss Boner Date: May 3, 2023

Laisa Bauer

Decusigned by: Dan Miederjohn Date: May 3, 2023

# Bachelor of Science in Health and Physical Activity Leadership



# THREE CONCENTRATIONS

HEALTH AND PHYSICAL EDUCATION TEACHER CERTIFICATION CONCENTRATION

# COACHING CONCENTRATION

# YOUTH ACTIVITY LEADERSHIP CONCENTRATION

The B.S. in Health & Physical Activity Leadership includes three distinct options for pursuing a degree in health and physical activity-related fields.

The Health and Physical Education Teacher Certification concentration is designed to prepare health and physical education teachers across all grade levels (pre-kindergarten through grade 12).

The Coaching concentration prepares graduates for positions in school and community sports programs as coaches and Athletic Directors.

The Youth Activity Leadership concentration prepares graduates for leadership positions in community settings such as Recreation Departments, Boy and Girls Clubs, YMCA, faithbased activity programs, camps, and more.

#### **DEBORAH BAXTER, PHD**

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# Teacher Preparation Concentration Health and Physical Education

# **PRIMARY DUTIES:**

The Health and Physical Education teacher job is one of the most often-encountered careers for health and physical education majors. They usually work in elementary, middle, high, and college, teaching students various physical games and skills, instructing them regarding the use of the equipment, and promoting a healthy lifestyle. Aside from a degree in health and physical education, HPE teachers also need a teaching certificate which requires courses in child development, pedagogy, and other educational topics. Also, likely to include opportunities to coach.

National average salary: \$46,788 per year

# **Coaching Concentration**



# **PRIMARY DUTIES:**

Due to the popularity of sports in our society, the need for competent and ethical coaches is increasing. According to the US Department of Labor, the job market is projected to grow 26% through 2030, much faster than the average for all occupations. Annually, there are approximately 45,000 openings for coaches and scouts.

Although public schools are currently the largest employers of sport coaches, an emerging growth area has been the privatization of sport that has occurred over the last 20 years. Young athletes are now able to access the sport(s) of their choice through private enterprise and programming outside of the more traditional environment. Organized youth sports are highly popular among youth and their families, with approximately 45 million children and adolescent participants in the United States. Seventy-five percent of American families with school-aged children have at least one child participating in organized sports.

Salary Range: \$29,000 - \$60,000 per year depending on level and experience.

# Youth Activity Leadership Concentration

# **PRIMARY DUTIES:**

This degree concentration is designed to assist students in gaining the competencies, knowledge, and skills to help young people develop into healthy, competent, coping, and contributing citizens. Completing this coursework prepares students to address issues facing youth in the context of family and community with an emphasis on positive outcomes through a dynamic learning environment. This concentration prepares students for positions of leadership in youth development organizations, agencies, and institutions such as schools, 4-H, Boys and Girls Clubs, nonprofit organizations, faith-based organizations, recreation/community agencies, military settings, land grant extension services/programs, and many others.

Graduates may be supervisors of youth development staff including education and social service work environments, faith-based advocates for youth wellbeing, program evaluators, fundraisers and grant writers, administrators, and supervisors. The program partners with youth-related agencies/organizations and engages them in learning and experiential opportunities for students. While data is not exact due to the variations in career opportunities, it is estimated that between 2018 and 2028, the careers that focus on youth development are expected to grow by 18% across the United States.

Salary Range: \$38,500 to \$112,000 based on experience and job description.



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